

YIKES! WHERE DO I START? A BEGINNER'S GUIDE TO THE MAT ASSESSMENT

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Motion Specialties

CLINICAL WORKSHOP

Are you a 'hands-on' therapist or a 'coffee cup' provider? What do you see as your role in the prescription of mobility equipment? All good seating starts with the pelvis and the mat assessment is the starting point. Join this session to learn the basics of the mat assessment; what you are looking for, how to use your hands to determine realistic ranges, and how your findings translate into function.

- **Learning Objective 1:** Participants will be able to list the key elements in a mat assessment.
- **Learning Objective 2:** Participants will be able to describe techniques to complete the mat assessment in non-standard settings.
- **Learning Objective 3:** Participants will be able to discuss how mat assessment results can be utilized to achieve functional positioning on a day-to-day basis in the final mobility system.

Speaker Bio

Stefanie Laurence wants to live in a world where every wheelchair is perfectly fitted, comfortable, functional and used correctly. As an Occupational Therapist and Education Manager for Motion Specialties, she's been on her soapbox for over 30 years at colleges, universities, group homes, hospitals and conferences across North America and even as far as Europe. When she's not teaching about seating and mobility equipment, you can find her with her arms wrapped around a client helping to create a custom seating system.